



## REMEMBER, YOU CAN ALWAYS ASK FOR HELP

You are a foreigner. You have come to Poland and you feel you are in danger (you fear for your life), because someone:

- has taken away your passport or ID document;
- is assaulting, threatening, or blackmailing you;
- is forcing you into prostitution, stealing, begging, working in inhumane conditions, and does not pay you the money you have earned.

**YOU MAY BE A VICTIM OF HUMAN  
TRAFFICKING.**

**SEEK HELP!**

CALL:  
**+48 22 628 01 20**

National Consulting and Intervention Centre for Victims of Trafficking, Warsaw,  
phone 22 628 01 20, [www.gov.pl/web/kcik](http://www.gov.pl/web/kcik)

La Strada Foundation Against Human Trafficking and Slavery, Warsaw,  
phone 22 628 99 99

Fundacja Dialog  
Białystok  
phone 85 742 40 90 or 664 765 111

International Organization for Migration (IOM),  
Warsaw, phone 666 34 34 66

You can always get help at the National Consulting and Intervention Centre for Victims of Trafficking (KCIK)

The Centre offers:

- 24/7 crisis hotline
- 24/7 phone line
- accommodation in a safe place
- medical assistance
- assistance of an interpreter
- psychological support
- legal advice
- basic provisions – food, clothes, shoes, sanitary products

If you decide to contact law enforcement authorities and you are considered a **victim of human trafficking**, you also have the right to:

- social benefits;
- legal residence in Poland;
- safe return – if you decide to return to your country.

**Report to the Police or Border Guard.**

**Tell them about your situation.**

**Cut off all contact with the perpetrators.**



Ministry of the Interior and Administration  
Republic of Poland